

Golden rules for discussion

- Talk to your group and be prepared to submit 1 rule to the class.

1. —

2. —

3. —

4. —

5. —

Learning Objectives:

- Explain what is meant by “relationship abuse”
- Identify the different types of abuse that can affect relationships
- Describe ways to get help with relationship abuse

Relationships Theme

Communication in
relationships
Topic

Outcomes:

- Explain what is meant by “relationship abuse”
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What is Relationship Abuse?

Lesson 5
12 November 2020

Lesson Objective: To learn how to identify relationship abuse and how to access support

Graffiti wall

- Take half a page in your books to draw a box
- Inside that box write down any thoughts about:
 - The features of a healthy, positive relationship
 - The feelings of those in healthy, positive relationships

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Understanding relationship abuse

- Watch the following clip:
- <https://www.youtube.com/watch?v=ObvC12uJa6A&feature=youtu.be>
- Answer these questions in small groups:
 - What are your initial thoughts?
 - What do you think about the way the characters (puppets) in the film are behaving?
 - What do you think about the behaviours which were mentioned in the film?
 - What kinds of abusive or disrespectful (unhealthy) behaviours does the film show?
 - When two people are attracted to one another, can one of them still be abusive towards the other (or both towards one another)?

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Understanding healthy and unhealthy behaviours

- What is the difference between abusive behaviour versus having a 'normal' healthy argument?
- A 'normal' healthy disagreement can happen between people who feel able to express their views and opinions, but also respect those of others. A healthy disagreement normally involves negotiation, and no one emerges as the 'winner' or the 'loser'.

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Decision line

- Place these statements on the continuum
- Explain why you picked that position

Agree

Disagree



A - It isn't really abuse if it's not physical.

B - In the film the 'hands' talk about 'turning to violence when your girlfriend disagrees with you'. It is sometimes justified to hit your partner during an argument.

C - Physical abuse is more serious than emotional abuse.

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True or false?

Statement	True	Unsure	False
Relationship abuse happens when one person hurts or bullies another person with whom they are in a relationship.			
Abuse can be physical, emotional, sexual and financial.			
The abuser is always responsible; no one else is to blame.			
Abuse is a way of controlling other people.			
Abuse can happen between people of any age, nationality, religion, race or family background.			
People who use controlling behaviour are not violent.			
Relationship abuse can happen between young people young people who are going out together, people who are living together, have children together or are married to each other.			
Abuse can happen in same-sex relationships and in relationships involving a trans person.			
Abuse doesn't happen again after a relationship has ended			
Women/girls are always the target of abuse.			
If someone is abusive in one relationship, they won't necessarily be abusive in future relationships.			
It takes two to tango – someone who is the target of abuse also has to take some responsibility for the behaviour			

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True or false?

Statement	True	Unsure	False
Relationship abuse happens when one person hurts or bullies another person with whom they are in a relationship.	X		
Abuse can be physical, emotional, sexual and financial.	X		
The abuser is always responsible; no one else is to blame.	X		
Abuse is a way of controlling other people.	X		
Abuse can happen between people of any age, nationality, religion, race or family background.	X		
People who use controlling behaviour are not violent.			X
Relationship abuse can happen between young people young people who are going out together, people who are living together, have children together or are married to each other.	X		
Abuse can happen in same-sex relationships and in relationships involving a trans person.	X		
Abuse doesn't happen again after a relationship has ended			X
Women/girls are always the target of abuse.			X
If someone is abusive in one relationship, they won't necessarily be abusive in future relationships.			X
It takes two to tango – someone who is the target of abuse also has to take some responsibility for the behaviour			X

Learning Objectives:

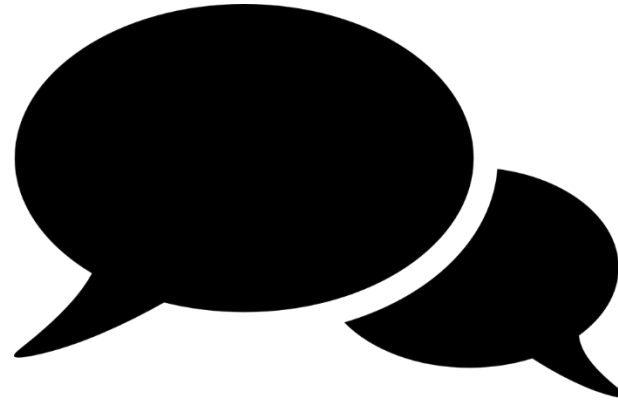
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Help or advice?

- Have questions or need more advice on what we have covered today?
 - In school:
 - Talk to you class teacher or tutor
 - Mrs Plant / Mrs Mitchell
 - Healing Helpers
 - School website
 - Out of school
 - Childline - www.childline.org.uk (or call 0800 1111)
 - NSPCC - <https://www.nspcc.org.uk/>
 - Kooth Counselling – www.kooth.com
 - Women's Aid - 01472 575757 (supports men and women)



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