













WATT'S  
FOR LUNCH?  
FUEL YOUR DAY WITH A  
HEALTHY SCHOOL LUNCH



Week 3	Monday 	Tuesday	Wednesday	Thursday	Friday
<b>Main Dish</b>	Chicken & spinach pasta bake	Beef cottage pie	Roast beef, Yorkshire puddings and gravy with crispy roast potatoes	Chicken tikka masala with pilau rice	Jumbo fish fingers with chips
<b>Vegetarian Main Dish</b>	Quorn keema Balti with spiced rice	Quorn meatballs with spaghetti	Vegetarian toad in the hole with gravy and roast potatoes	Macaroni cheese 	Vegetarian burger 
<b>Accompaniments</b>	Carrot batons Steamed broccoli Mixed salad	Garden peas Sweetcorn Mixed salad	Cauliflower cheese Spring greens Salad bar	Green beans Mixed salad	Mushy peas Baked beans
<b>Street Food</b> 	Margherita pizza	Cajun chicken wrap 	Piri Piri pulled pork on a bar marked panini 	Cheeseburger 	Breaded Chicken tenders 
<b>Pasta Daily Special</b>	Basilico or Chicken Tikka	Tomato & mascarpone or Italian meatballs	Pomodoro or Chicken Italiano	Arrabiata or Firecracker chicken	Tomato & basil or vegetarian bolognese
<b>Dessert</b>	Jam & coconut cake	Chocolate and vanilla pinwheels and chocolate sauce	Mixed berry crumble and custard 	Apple and sultana strudel and custard 	Chocolate and orange slice



- CHEF'S CHOICE



- 1 OF YOUR 5 A DAY



- MEAT FREE MONDAY



MENU