











# MENU

**MEAT FREE** - MEAT FREE MONDAY

 - CHEF'S CHOICE

**5** - 1 OF YOUR 5 A DAY  
A DAY

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Dish</b>	Minced beef & vegetable pie topped with puff pastry	Chicken korma with pilau rice & mini naan bread	Roast chicken, sage and onion stuffing and gravy served with creamy mash potato	Beef lasagne with garlic & herb bread 	Crispy battered fish fingers with chips
<b>Vegetarian Main Dish</b>	Mediterranean pasta bake	Chinese vegetable noodles	Quorn™ cottage pie	Quorn™ enchiladas	Cheese & caramelised onion quiche with chips
<b>Accompaniments</b> 	Garden peas Carrots Mixed salad	Green beans Mixed salad	Broccoli or roasted vegetables Mixed salad 	Corn on the cob Mixed salad	Mushy peas Baked beans Mixed salad 
<b>Street Food</b>	Margherita pizza 	BBQ chicken wrap	Chicken fajitas	BBQ pulled pork on a toasted brioche bun 	Southern fried chicken fillet
<b>Pasta Daily Special</b>	Bolognese or Pomodoro	Tomato & mascarpone or Sweet chilli chicken 	Spicy sausage or Arrabiata	Amigo meatballs or Basilico	Tomato & basil or chilli beef
<b>Dessert</b>	Sticky toffee apple pudding and custard	Lemon drizzle cake	Pear & ginger crumble with custard 	Jam roly poly with custard 	Chocolate and banana cake

TRY OUR STREET FOOD GRAB AND GO FOR HEALTHY MEALS ON THE GO

