

WEEK THREE

BRITISH CRUNCH DELI SWMS ENERGY CRUNCH EXCITING TANGY NUTRITIOUS DELICIOUS LUNCH SOCIAL

MONDAY

BRITISH

Sausage & Mash
Carrots
Peas



TUESDAY

CHINESE

BBQ Mandarin Pork
Beggars Noodles
Stir Fried Vegetables



WEDNESDAY

BRITISH

Roast Turkey and stuffing
Roast Potatoes
Broccoli and Sweetcorn



THURSDAY

THAI

Thai Red Chicken Curry
Lime and Coriander Rice
Crunchy Vegetable Salad



FRIDAY

BRITISH

Battered Fish Fillet
Chips
Baked Beans



DEEP SOUTH DINER

Choose a main: Chilli Beef Nachos **OR** Black Eyed Bean Veggie Burger
✓
Paprika Wedges
Corn Slaw



WINGS & THINGS

Choose a main: Loaded Triple Mac 'N' Cheese ✓
Garlic Bread
Chop Chop Salad



DEEP SOUTH DINER

Choose a main: Quorn Cheese Burger ✓ **OR** Cauliflower & Creamed Corn Bake ✓
Baked Garlic & Herb Wedges
BBQ Beans



WINGS & THINGS

Choose a main: Quorn Hotdog ✓
Tomato and Herb Rice
Sweetcorn Fritter



DEEP SOUTH DINER

Choose a main: vegetable and quorn lasagne
Chips
House Slaw



SPEEDY ITALIAN

Veggie Hot One Pizza ✓
Speedy Pasta ✓
Margherita Pizza ✓



SPEEDY ITALIAN

3 Cheese Sicilian Pizza ✓
Speedy Pasta ✓
Margherita Pizza ✓



SPEEDY ITALIAN

Mushroom & Sweetcorn Pizza ✓
Speedy Pasta ✓
Margherita Pizza ✓



SPEEDY ITALIAN

Sicilian Cheese and Tomato Pizza
Speedy Pasta ✓
Margherita Pizza ✓



SPEEDY ITALIAN

Cajun Chicken Sizzler Pizza
Speedy Pasta ✓
Margherita Pizza ✓



WE SERVE a selection of delicious **baguettes, paninis, toasties and sandwiches** and **NEW exciting salad pots** every day.
Fruit, Yoghurt & Granola Pots are Available to Enjoy Daily.

Look out for **MUNCH** - our mid-morning break offer available for you to enjoy Monday-Friday

from

Chartwells
EAT LEARN LIVE