

WEEK ONE

MONDAY

CARIBBEAN

Mild Chicken Curry
Wholegrain Rice
Garlic and Lime Corn on the Cob



TUESDAY

CHINESE

Aromatic Soy Pork with Egg Noodles
Wok Tossed Oriental Vegetables



WEDNESDAY

BRITISH

Roast Gammon
Mashed Potatoes
Carrots



THURSDAY

INDIAN

Beef Keema Balti Curry
Cucumber Raita
Naan Bread



FRIDAY

BRITISH

Battered Fish Fillet
Chips
Peas



DEEP SOUTH DINER

Choose a main: New Yorker Quorn Dog **OR** Halloumi & Roasted Vegetable Wrap
Sweet Herby Crushed New Potatoes
Chop Chop Salad



WINGS & THINGS

Choose a main: Veggie Quarter Pounder ✓
Cajun Wedges
BBQ Slaw



DEEP SOUTH DINER

Choose a main: Ultimate Beef Burger **OR** Cheese & Leek Pot Pie
Paprika Wedges
Beetroot, Carrot & Apple Salad



WINGS & THINGS

Choose a main: Chicken Thigh Flatbread Wrap with Lemon & Herb or Piri Piri **OR** Quorn Burger ✓
Red Onion and Cheese Loaded Skins
Caesar Salad



DEEP SOUTH DINER

Choose a main: Cajun Pulled Pork & Bean Pitta **OR** Veg & Bean Quesadilla ✓
Chips
Pineapple Coleslaw



SPEEDY ITALIAN

Veggie Supreme Pizza ✓
Speedy Pasta ✓
Margherita Pizza ✓



SPEEDY ITALIAN

Bacon Pizza
Speedy Pasta ✓
Margherita Pizza ✓



SPEEDY ITALIAN

Hawaiian Pizza
Speedy Pasta ✓
Margherita Pizza ✓



SPEEDY ITALIAN

3 Cheese Sicilian Pizza ✓
Speedy Pasta ✓
Margherita Pizza ✓



SPEEDY ITALIAN

Veggie Hot One Pizza ✓
Speedy Pasta ✓
Margherita Pizza ✓



WE SERVE

a selection of delicious **baguettes, paninis, toasties and sandwiches** and **NEW exciting salad pots** every day.
Fruit, Yoghurt & Granola Pots are Available to Enjoy Daily.

Look out for **MUNCH** - our mid-morning break offer available for you to enjoy Monday-Friday



from

Chartwells
EAT LEARN LIVE